



**CREATIVE, INNOVATIVE
MUSIC-MAKING OPPORTUNITIES**



ABOUT SOUNDLINGS

soundLINGS is a not-for-profit community music organisation operating across the East Midlands. Working in partnership with local, regional and national organisations, soundLINGS provides and develops high quality and innovative music-making opportunities and training for all ages and communities.

SOUNDLINGS WORKSHOPS

soundLINGS can offer bespoke projects to meet your interests and needs in a wide range of music or mixed art genres. All of our workshops can be delivered within Lincolnshire, and beyond, and for any duration from one hour to full day sessions. We have outlined just a few popular workshops in this brochure but we're always happy to be challenged with a new idea! Please contact our Programmes team to discuss your requirements.

WHO CAN TAKE PART?

Workshops and projects can be designed for any age groups from 0 to 100+ years! They can involve any number of participants from 1 to 1000 (or more!). It's your project...you decide!

"Music has given me a lot of relief from stress, allowing me to express myself and built me up to be the person that I am today. I was in a bad place and music helped to turn me around"

- Workshop Participant, 16

LARGE SCALE EVENTS

From cathedrals to public parks, soundLINGS has staged large events across a wide variety of unusual and exciting settings. We can cater for closed door events, ticketed occasions and public events. So if you are planning an 'extravaganza', contact us to ask how we may be able to get involved.

TEAM BUILDING

Music is an excellent tool for bonding and skills development and can be a fun, entertaining way to draw your team closer together. Our team-building workshops can help relieve stress, build confidence, aid partnership working, develop listening and communication skills and foster creativity in a context which is outside of a normal working environment.

MUSIC TECHNOLOGY AND PRODUCTION

Using iPads and Apple Macs, the music facilitator will help the participants develop their own beats, bass, melody, and lyrics to create original tracks to edit, mix and master.

We can produce mp3 files so participants can take their tracks home to share with family and friends. All equipment is provided and this recording technology can be used in conjunction with our other workshops.



“I would tell my friends and family that it was really interesting and that only a few sounds recorded separately can turn into an amazing song.”

- Workshop Participant, KS2



ROCK AND POP

Alongside our music facilitators, participants can develop their playing and singing techniques and improve their performance skills. Participants can rehearse and perform their favourite music or develop original songs.

soundLINCS can provide musical instruments such as acoustic, electric and bass guitars, drums, and electric piano.

“One of my adult students after playing the event felt a confidence boost to such an extent that she now wants to enter her next violin grade, she was unsure before”

- Instrumental Teacher/Event Participant

SAMBA AND DRUMMING



Using djembes, percussion, clapping, stamping, marches, and call and response, we can provide groups with a fun and energetic workshop. Participants will soon be able to layer a multitude of rhythms to play samba or form a drumming circle.

As with all our workshops, this can be adapted for all ages and abilities and all equipment is provided.

“Seeing something come from nothing!! All our residents interacted with each other and with the facilitator who encouraged and enabled them to try something new.”
- *Workshop Participant*

JUNK PERCUSSION

“It really was a wonderful experience for the children and adults alike. It's also great to keep the networking between schools going. There are some very inspiring practitioners.”
- *School Teacher*



This workshop is eco-friendly music at its best! Using items we would normally throw away, learn how easy it is to create unique instruments from the most unlikely objects.

Junk percussion allows participants the chance to explore music making with un-traditional instruments to create new and exciting sounds. This can also be an opportunity for a group to create their own unique instruments.

WORKING WITH DISABILITY AND SENSORY IMPAIRMENTS

All of the previously mentioned workshops can be adapted and tailored to suit the needs of your group. For those participants with additional needs we can provide access to specialist equipment and instruments such as a soundbeam, skoogs, Qchords and wheelchair accessible percussion instruments.



Our music facilitators have a wealth of experience working in SEND settings and leading community music groups for children and adults with disability and sensory impairments.

“It is an excellent respite for us all, we get a lot out of it, sometimes it is hard to stop laughing. It is a social get together for all, not just for the children, it is fun for us both!”

- *Parent of an SEN group*

EARLY YEARS

These fun and interactive workshops use a variety of songs and games to help children aged 0-5 discover the world of music.

Led by our specialist Early Years music facilitators, the sessions help develop motor, sensory and linguistic skills. They help develop communication and increase confidence, as well as assisting early years children to better understand the world around them.



“The [music] facilitator used an engaging combination of music, words and movement which really got parents and children talking to each other - just what we had hoped for!”

- *Early Years Practitioner*

SINGING AND SONGWRITING



“The kids had a fantastic time and created some beautiful pieces of work. We would love to invite soundLINCS back, it was just the proof we wanted that a young person could go into a job in the music industry”

- Teacher

Budding singers and songwriters can develop their songwriting abilities and vocal techniques.

Participants have the opportunity to learn new songwriting techniques and the craft of lyric writing. Participants can learn to take care of their voice and develop their vocal ability by exploring warm-ups, pitch, projection and harmonies and how to project their voice.

No previous experience or sight reading is needed. Songwriting workshops can also involve music technology or use of musical instruments.

BESPOKE TRAINING

soundLINCS can offer bespoke training packages for you and your team. We have a team of Music Facilitators who can help you grow in knowledge and experience, whose workshops are interactive and high energy. They can be tailored for practitioners alone or we can incorporate on site training with your participants.

Whether its music and language development with SEN or Urban Music with Children in Challenging circumstances we have the skills and knowledge to put together a programme to entice and develop.



“This is the most inspiring training I have attended. So many brilliant ideas I can incorporate into my everyday school planning and communication.

-Teacher

ARTS AWARD

soundLINCS is a registered Arts Award centre, delivering Bronze and Silver Arts Awards. Whether you are an individual looking to gain a nationally recognized qualification or an organisation looking to use Arts Award as part of your project, soundLINCS has trained advisers who can help. If you would like to find out more please contact us on 01522 510073 or email info@soundlincs.org.

soundLINCS is proud to be an Arts Award Supporter. This means that if you are currently taking part in Arts Award through your school, your youth centre or any other organisation, we may be able to help you achieve your goals! No matter which level of the Arts Award programme you're currently working at, soundLINCS can offer opportunities for you to progress through the programme. If you are working on your Arts Award at the moment, below is a list of ways we might be able to help you:

- Provide opportunities for participation in music-based arts activity. This could be as a performer, but also as part of the production team, for example lighting, sound or stage management.
- Provide opportunities for attending arts events.
- Provide opportunities to work with a music facilitator to help lead musical activities (at any level).
- Provide opportunities to visit our workshops and music sessions.
- Provide opportunities for volunteering or work experience.
- Provide information about our organisation as an arts development organisation for research purposes.



OUR FACILITATORS

soundLINCS is a Section 11 compliant organisation in line with all requirements of Lincolnshire County Council and Lincolnshire Safeguarding Children Board; our music facilitators have enhanced DBS certificates and are supported with ongoing CPD programmes.

“I was really impressed with how the music facilitator handled the group. There was a fantastic amount of communication and interaction going on.”

- *School Teacher*

MAKING IT HAPPEN...

Weekly sessions are between 1-3 hours long. Our fees include travel, administration and management of the project as well as the musical instruments.

All projects are bespoke and unique to your requirements. Please get in touch with your ideas and we will be happy to help you design the perfect project—the possibilities are endless!

**FOR MORE INFORMATION OR TO BOOK SESSIONS WITH
SOUNDLINCS PLEASE CONTACT US ON: 01522 510073 OR
INFO@SOUNDLINCS.ORG**



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